



# LIVE YOUR WHY

## Afterschool Edition



Browse through your local town or region's newspaper and find an article to read.

Here's a Lamoille Valley region newspaper:

Scan this:



[vtcng.com/news\\_and\\_citizen/news/local\\_news](http://vtcng.com/news_and_citizen/news/local_news)



How did you decide which article to read?



Looking for other ideas to help plan your afternoon? Visit us at [www.healthylamoillevalley.org/liveyourwhy](http://www.healthylamoillevalley.org/liveyourwhy)